Coeur d'Alene Summer Theatre

With the CDA Summer Theatre Cooperative Fundraising Program, proceeds from your tickets purchased with this coupon, will directly support our program and services. You'll laugh, you'll cry, and you'll be helping Inland Northwest cancer patients. Send in your order today!

YES! I want to support **Cancer Patient Care** by purchasing _____ tickets @ $28.00 each to the following performance of the Coeur d'Alene Summer Theatre's production of "Chicago" and/or "Fiddler on the Roof."

Please circle date:

Chicago: 7/5 7/6* 7/10 7/11 7/12 7/13* 7/17 7/18 7/19

Fiddler on the Roof: 8/9 8/10* 8/14 8/15 8/16 8/17* 8/21 8/22 8/23

*=Matinee performance Curtain time: 7:30 pm/ Matinee: 2:00 pm

CHICAGO

Fiddler on the Roof

Seating Preference: Orchestra or Balcony

Name: _____

Address: _____

City, State, Zip: _____

Telephone: _____

Make checks payable to: Coeur d'Alene Summer Theatre or charge to VISA☐ MASTERCARD☐

Account #: _____ Expiration: _____

Signature: _____

Mail this completed form to:

Coeur d'Alene Summer Theatre, PO Box 1119, Coeur d'Alene, ID 83816'***OR***

Bring to the Box Office at NIC Schuler Auditorium during regular office hours.

Non-Profit
US Postage
PAID
Spokane, WA
Permit No.1230

Cancer Patient Care
1507 E. Sprague Ave.
Spokane, WA 99202
www.cancerpatientcare.org
Published quarterly

Volume: 19 Issue: 2 Spring 2003

Caring & Sharing

Cancer Patient Care

509-456-0446 1507 East Sprague Avenue, Spokane, WA 99202 www.cancerpatientcare.org

From Those We Serve

Victoria's Story



Victoria

Sometimes it's easy to look at my life and wish it were different. I'd still be married, I wouldn't have to worry about finances. I wouldn't be dealing with breast cancer again.

Still, there's so much I wouldn't change.

Knowing what's really important (my kids, my extended family, my relationship with God, my love of music and life and the other things that bring me peace.

Knowing how much others care for example, Dad telling me, "You can do this" and others offering help at every turn).

Knowing I have beat the odds and can offer others hope and encouragement.

Sixteen years ago I was diagnosed with advanced breast cancer. I had two small children and was five months pregnant. Through my husband's employer we were fully covered with health insurance, so at least I didn't worry about financial concern during my illness. Every day was a celebration, and every year was a fight as my plea was for the Lord to let me raise my three children and to be their mother. I received that miracle.

The baby I was carrying at the time is now a perfect 16-year old. I also have two children who will be in college this coming year. Life was flowing well. I have been teaching piano with a full schedule and enjoy my position on the Board of Directors of the Spokane Music Association.

This past summer, I discovered that I had a new breast cancer. I found out the news over the telephone. This time around my life is significantly changed. Now, a single mother raising three teenagers, I am faced with many new challenges. I was unable to take on a full load of students for the fall,

"Victoria's Story" cont'd on p. 3

Volunteers of the Year

Cancer Patient Care proudly announces Bob and Lucille Reimer as the 2003 United Way Volunteers of the Year presented at the Awards Celebration on April 23rd at the Ag Trade Center.

Fifty-seven nominations for Volunteer of the Year Award were submitted by many agencies. Cancer Patient Care nominated Bob and Lucille Reimer under the Senior Group category. They are two of our most dedicated volunteers who spend a multitude of hours each month volunteering at Cancer Patient Care. Reimers have taken on the wig room as a personal project. They purchased and had the carpet installed, washed, styled and created a display for the wigs, learned how to care for prosthetic breasts and surgical bras and made the wig room a pleasant place to visit. The wig room is now called the Reimer Room in honor of their outstanding commitment. The Reimers also help out in many other areas of Cancer Patient Care such as assisting with the newsletter mailings, helping with special events, delivering holiday gifts, and pitching in wherever they see a need. "Bob and Lucille have demonstrated a sincere passion for each of the causes they serve, and in so doing have taught us all a lesson in the spirit of giving." Heidi Vaughn, Executive Director stated in a recent interview. "Their generous hearts have had a long reaching impact on our community."



Congratulations and THANK YOU Bob and Lucille!

Mission Statement:
To provide social service support for cancer patients and their families who have limited financial resources.

Worst Dressed Bridesmaids??

For this event, the worst dressed are the winners!

Remember that dress in the back of your closet? The lime green polyester one that they all said you'd wear again? Now is your chance! Wear it to the big fat geek wedding of a party to benefit Cancer Patient Care. Come to the Coeur d'Alene Casino May 24 for a fun evening of food, activities, and entertainment, and strut your stuff in the Bridesmaids Parade Fashion Show. Come as you are or in your favorite bridesmaid gown for all to see. Prizes will be awarded for the best and worst dresses and tuxes and ugly dresses are encouraged! Capture the moment and have your photo taken, win "wedding" gifts, purchase chances on the raffle prizes, write your own vows, and dance the night away.

Emcees Miss Mylar Black and Auntie Bijou Matinee will provide entertainment for the evening and announce the Bridesmaids Parade and the winning contestants after the audience casts their votes. Meanwhile, you can eat, drink and be "married" if the desire so hits you. If not, delight in the fact that you are the center of attention anyway.

Pull out those ugly dresses and take a walk down the aisle; it's your time to shine at Cancer Patient Care's Bridesmaids Ball. Dinner hors d' oeuvres and no host bar begin at 6:00 pm, with the program to start at 7:30. Tickets are $30 for individuals or $50 for a pair. Call Cancer Patient Care for details and for reservations at (509) 456-0446.

All proceeds from the Bridesmaids Ball will go towards ensuring the continued success of Cancer Patient Care's mission: To provide social service support for cancer patients and their families who have limited financial resources. Proceeds from this event stay in our community to offer hope, care and encouragement for our friends and neighbors during their struggle with the devastation of cancer.

Coming Attractions

10th Annual

Cancer Patient Care

Loreen Miller

BIKE RIDE

Sunday, June 22nd, 2003

Mt. Spokane High School

Registration Deadline:

Postmarked by June 13th, 2003

Phone: (509) 456-0446 Fax: (509) 456-0459

Register online at:

www.cancerpatientcare.org

Questions email:

www.bikeride@cancerpatientcare.org

Loreen Miller Bike Ride Corporate Challenge at the Crescent Court

Don't miss the fun and excitement at the Crescent Court Food Court on Thursday and Friday, May 29th and 30th. Join us during the lunch hour to watch competing cyclists as they ride to promote the Loreen Miller Bike Ride and to race for your donations. Competing riders will include representatives from the Baddlands Cycling Team, the North Division Bicycling Club and 24 Hr. Fitness. Win a mountain bike from Two Wheel Transit with the raffle drawing to be held on Friday, May 30th at 1:00 p.m. Raffle tickets are on sale now at any Crescent Court or Food Court merchant. Registration forms will be available for the Loreen Miller Bike Ride and you can help us build an Honor Banner, too.

Cancer Patient Care Loreen Miller **BIKE RIDE**

When

Sunday June 22nd, 2003

- ***7:00am - 9:00am:*** Check In
- ***8:00am:*** Century (66.6 miles) Start
- ***9:00am:*** Half-Century (36.4 miles) Start
- ***10:00am:*** Family Ride (15.8 miles) Start
- ***11:00am - 2:00pm:*** Post Ride Longhorn BBQ

Where

All riders will start/finish at the school, located at:

Mt. Spokane High School
6015 E. Mt. Spokane Park Drive
Spokane, Washington

Parking

We encourage all riders to park on the east side of the school. Look for volunteer directors.

What to Bring

We suggest each rider carry the necessary spare tubes, patch kit, and bike pump. We will have support from North Division Bike Shop before the ride to assist you. ***Helmets are required for all riders.*** Beverages and snacks will be available at the food stops along the ride.

Longhorn BBQ

The Longhorn BBQ will be providing an outstanding lunch for all riders at the completion of your ride. There will be a secure "Bike Check" area to leave your bike, to enjoy the lunch. Look for the signs.

Honor Patch, Raffle Tickets

Honor Patches and Raffle Tickets will be available for purchase with your registration entry or separately at the event. We sincerely appreciate your support of our event and your consideration of these additional support opportunities.

Registration

(Postmarked by June 13th, 2003)

Name:_____

Address:_____

City:_____ ST:_____ Zip Code: _____

Phone: (___) - _____ Emergency Phone: (___) - _____

Emergency Contact: _____

Email: _____

Check Appropriate Box(s): Age ____ Gender ____

❑ Century (66.6 miles) ❑ Half-Century (36.4 miles)
❑ Family Ride (15.8 miles) ❑ Single Rider ❑ Team Rider

Team Name: _____

T-Shirt Sizes: ❑ S ❑ M ❑ L ❑ XL ❑ 2XL

Check Appropriate Box(s):

❑ $28 Ride ($38 late) BBQ
❑ $38 Ride ($48 late) BBQ, T-shirt, Lapel Pin
❑ $50 Ride ($60 late) BBQ, T-shirt, 2 Honor Patches, Lapel Pin, 10th Anniversary Golf Shirt
❑ $15 ($20 late) Kids Family Ride (14 & Under)
❑ $20 10th Anniversary Golf Shirt
❑ Cancer Survivor
❑ Rider $75+ Pledge Registration Receives BBQ, T-shirt, 2 Honor Patches, Lapel Pin, 10th Anniversary Golf Shirt

Total Amount Enclosed: _____

Method of Payment:

❑ Cash ❑ Check ❑ Bank Card (Visa/MC) ❑ American Express

Credit Card #: _____

Signature: _____ Exp Date:____

Make checks payable to:

Cancer Patient Care
1507 E. Sprague
Spokane, WA 99202
Phone: (509) 456-0446 Fax: (509) 456-0459

Questions email: ***bikeride@cancerpatientcare.org***

Required Release Agreement:

I understand an approved helmet is required during the entire ride. I have read, understand and agree to abide by the safety precaution requirements and all other rules presented to me. I agree to indemnify and hold harmless Cancer Patient Care and all its sponsors from all cost, expense and liability arising out of my participation in the event. I hereby waive all claims for damage or loss to my person or my property which may be caused by any act or failure to act by Cancer Patient Care, its officers, agents, or employees arising directly or indirectly from my participation in the event, and hereby assume liability for any loss, damage or other liability from the event. I give my permission for medical release should I be involved in any accident or health-damaging situation requiring medical treatment. I grant permission to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Participant's Signature:

_____ **Date:** _____

Parent/Guardian Signature*:

_____ **Date:** _____

****Must be signed if rider is under 18 years of age***

RIDERS PLEDGE FORM *

NAME	ADDRESS	AMOUNT

*Add additional page as needed

Rider Pledge Total _____

Each Pledge for $75 or more receives BBQ, T-shirt, 2 Honor Patches, Lapel Pin, and 10th Anniversary Golf Shirt.

Cancer Patient Care
Volume 19, No. 2
1507 East Sprague Ave.
Spokane, WA 99202
Phone: (509) 456-0446
Fax: (509) 456-0459
Email and Website:
info@cancerpatientcare.org
www.cancerpatientcare.org

Board of Directors
President:
Dr. Will Terpening
Vice President:
Steve Corker
Secretary:
Mark Robinson
Treasurer:
David Walker
Past President:
Jan McMillen
Dr. Sidney Kasuga
Duane Robinson
Don Rodman
Joe Jurich
Larry Stanley

Professional Advisory Committee
Stephen Anthony, M.D.
Maggie McElfresh, M.S.W.
Anna Quincy
Carolyn Campbell, R.N.
Joni Nichols, M.D.

Honorary Members
Margaret Grafmiller
Henry Rehder
Donnie Roberts
Wally Hagin

Staff
Executive Director:
Heidi Vaughn
Social Services:
Ray Anderson
Stephanie Gural
Jenni Bowman
Debi Taylor, Intern

Fund Development:
Julie Banks
Sara Green, Intern
Bookkeeper:
Pam Goforth
Administrative Assistant:
Margaret Walther
General Maintenance:
Nick Welk



Will Terpening, Board President

A Message From the President

It has been over 44 years since this organization was officially incorporated as The Spokane County Cancer Association, and almost 20 years since the name was changed to Cancer Patient Care. During that time we have served thousands of needy Inland Northwest residents who have been stricken with cancer, and their families. The last year or so has been difficult for the organization as we struggle to finance our mission in this economically difficult and turbulent time. As demonstrated by the recent news of a decline in giving to United Way, the economy is impacting many charitable organizations. Our future depends on you, our supporters, and the many volunteers who perform so many services for us. It was with great pride that I attended a luncheon today honoring volunteers of Spokane County at the Ag Trade Center, and watched as Cancer Patient Care volunteers Bob and Lucille Reimer received the Volunteer of the Year award, a richly deserved honor. We salute Bob and Lucille and thank them, and all our volunteers, for helping make Cancer Patient Care the special place that it is. Please continue to support Cancer Patient Care with your dollars and your time. The needs of the people we serve have never been greater.

Where would all the people go?



Heidi Vaughn, Executive Director

Have you ever stopped to ponder what Spokane would be like without its non-profit community? Where would all the people go for help? Suddenly there would be nowhere for cancer patients and their families to turn when they need help paying for their prescriptions. They would face the very difficult situation of choosing between food and much needed prescriptions. Emergency room visits would escalate because there would be no funding for food supplements that are so essential for maintaining propernutrition to enhance the body's ability to fight cancer. Breast cancer screenings would no longer be available for low-income women. Cancer patients would have to go without necessary medical equipment because the loan closet would not exist.

What a wonderful community we live in! Thanks to your financial support, Cancer Patient Care IS here, supporting the cancer patients and their families who have limited financial resources. We ARE available to assist those who would not have anywhere else to turn. There IS help available and it is thanks to your love and generosity. Each of us has been touched by cancer in some way, whether a friend, family member or maybe even ourselves. Cancer Patient Care is your local, independent agency striking back at the invisible burden that cancer creates.

Services Provided Through Your Generosity

- Emotional support
- Health care equipment from a loan closet
- Food supplements
- Prescription assistance
- Disposable medical supplies
- Educational materials
- Transportation to cancer related appointments
- Emergency assistance for heat, lights, water & groceries
- Breast cancer screening
- Prostheses
- Wigs, Scarves, & Hats

Why Is It So Important To Contribute To Cancer Patient Care?

Your Donations at Work!

It is clear how important your donations are to Cancer Patient Care when you consider that the following services were made possible by the gifts of caring donors. During the first quarter of 2003, your donation dollars helped touch the lives of 1,021 patients, care givers, and family members with nowhere else to turn.
As one of our grateful clients said:
"As I continue to battle cancer, it's people like you who give a "lift" to the days."

•Services provided in the first quarter of 2003•

Totals

Office visits	136	Wigs loaned	28
Home visits for clients unable to leave	140	Round trip transportation to/from appointments	24
Cases of food supplements dispensed	227	Prescription assistance	135
Home health care equipment loaned	235	Emergency assistance requests filled	47
Disposable medical supplies provided	131	Breast cancer screenings	23
Phone contacts with clients and family members	994	**Total services**	**2120**

~Thank you for choosing to help~

Announcing Two New Exciting Ways to Donate to Cancer Patient Care

Tribute Plaque

Because all of us have been touched by cancer in some way–
A loved one–
A family member–
Maybe even you–

Cancer Patient Care invites you to help launch our new tribute plaque. With a $100 donation, your loved one's name will be engraved on a brass nameplate and mounted on a beautiful wooden plaque for permanent display.

Honor the memory.
Pay tribute to the battle.
Celebrate the survival

To keep our costs down please notify us at Cancer Patient Care if you are receiving a duplicate newsletter. We strive to be good stewards of your contributed dollars. Call (509) 456-0446 or e-mail us at info@cancerpatientcare.org and we will correct our mailing list.

Benefactors Society

Becoming part of Cancer Patient Care's Benefactor's Society is a great way to help cancer patients and their families in the Inland Northwest community who have limited financial resources. By establishing a planned gift to Cancer Patient Care, you can make a difference for those who are battling cancer right now.

A deferred gift is one that continues to give, during and beyond your lifetime. It is a way to provide a gift to Cancer Patient Care, which does not take effect until some time in the future. These gifts can be made through wills or trust arrangements that take effect at the time of your gift or upon your death. The gifts can substantially reduce estate taxes while still providing for the donor and his or her heirs.

There are several types of gifts that you can choose to give: Gifts of Cash, Gifts of Property and Charitable Remainder Trusts, Gifts of Life Insurance, and Gifts of IRAs and Retirement Funds. By offering a deferred gift, you become eligible to join Cancer Patient Care's Benefactors Society. Members of the Society receive •a special invitation to Cancer Patient Care special events,

- the Caring and Sharing newsletter and other Cancer Patient Care publications, and
- a listing on the Cancer Patient Care Benefactors Wall.
- Not only that, but as a member, you can take pride in the fact that you are becoming part of a legacy that helps ensure Cancer Patient Care's continued services in the community.

A Special Thanks

• The Longhorn BBQ East for building an Honor Banner,
• The Greg Green Foundation for their fundraising with Black Tie and all that jazz,
• Dance City for the Benefit Ball, and to all who responded so generously to our last newsletter's Wish List.

For a complete list of donors visit our website at www.cancerpatientcare.org.

A special thanks again to all of those who continue to support Cancer Patient Care!

Wish List:

- Black permanent markers
- Bright colored copy paper,
- 8.5"x11" and 8.5"x11"
- Stamps
- Coffee
- 17" or 19" high-resolution color monitor
- Industrial or heavy duty shelving for the Loan Closet
- Scotch tape
- Bottled water
- Multi-fold paper towels
- Sympathy Cards

INLAND MEDICAL & REHAB

455-9385

Fax: 455-6831 * 1-800-455-9385
200 East 2nd Avenue, Suite B
Spokane, WA 99202
www.imrehab.com

J.C.A.H.O. Accredited with commendation

THE MED GROUP

CHOICE Medical Supplies

- Insurance & Billing Assistance
- Home Delivery
- Knowledgeable, Caring Staff
- No Up-front, Out-of-pocket Expense

Supplies:
Nutritional
Ostomy
Urological
Diabetic
And Much More

Conveniently located 2 blocks west of Cancer Patient Care

509.534.4123 Phone
509.534.9355 Fax
1214 E. Sprague
Spokane, WA

Family Home Care CORP.

Professional Home Health Care

30 Years of Experience • RN Supervised
24 Hours/Day, 7 Days/Week • Medicare Certified
State Licensed • All Employees Screened
Free Initial Assessment by a Registered Nurse

RN's and LPN's • Physical Therapists • Private Duty Services
Live-In Companions • Home Care Aids • Speech Therapists
Enterostomal Therapy • Maternal Child Services

509-473-4900
9922 E. Montgomery, Suite 3
www.familyhomecare.org

"Victoria's Story" cont'd from page 1

because my life became filled with doctor's appointments and tests, and I had to undergo chemotherapy, followed by a mastectomy and radiation.

However, I discovered that life is not meant to be played out single handedly. Frederic Chopin, the great pianist and composer once said, "In composing music, the left hand should maintain a steady rhythm, thus allowing the right hand the freedom to move freely, with highs and lows, changing melody and mood, but ensuring the left hand is supporting the melody in perfect rhythm."

The steadying left hand, for me, has been Cancer Patient Care, keeping perfect orchestration with its wonderful staff of caring social workers. I was given a brochure about Cancer Patient Care when I was diagnosed. Because of my decreased teaching schedule and increased time in hospitals and clinics, I decided to contact the organization and ask about their services and assistance.

I contacted one of their social workers by phone, and ended up meeting a warm, compassionate new friend. After filling out paperwork, Cancer Patient Care helped me with an electrical bill that I was unable to pay, and it turned out to be the beginning of much wonderful help along my journey.

Among the services they offered me was a supply of food supplements, which I know helped to sustain my healing through chemotherapy. The drinks gave me necessary vitamins when I didn't necessarily feel up to eating.

Cancer Patient Care also offered me the opportunity to feel more normal, the chance to be in some ways like any regular person. Soon after chemotherapy, I found myself looking in their wig closet, a large room full of donated wigs and hats and various things to help make life seem a bit more ordinary. With the assistance of my two great social workers, I went through each box of wigs and found the perfect one to help boost my spirits.

I knew I would have to take off my wonderful wig during my surgery, but I was able to get a cute nightcap to wear from Cancer Patient Care instead. I also picked up a soft prosthesis to wear after surgery, as I knew I would resume teaching the next week.

During Christmas time, my social worker called to see if I would need any help with Christmas. As I love to make each celebration special, and seeing that my funds were low, I told her that the help would be wonderful. However, after talking with my children, they said that we wouldn't need anything, and that the help should be offered to others instead. When I stopped in to tell my social worker, she surprised me by telling me that they had received so many donations I would not be taking from others if I accepted assistance. It was the first of many special Christmases to come.

"Mostly Merlot" a Resounding Success



This year's Mostly Merlot Winemakers Dinner on April 4th was truly an epicurean delight. Held at one of Spokane's landmark locations, the Spokane Club, 125 guests enjoyed a gourmet five-course meal featuring some of the finest wines of eastern Washington. Over $16,000 was raised to provide services for underserved cancer patients and their families in the area. Proceeds from the silent auction and the support of the very generous corporate sponsors including the Kalispel Tribe of Indians, Northern Quest, a Kalispel Casino, Northwest Farm Credit Services, USBank, Medicalpros, and Provisional Staffing Services helped us reach our goal.

The evening was made possible through the commitment of the team of outstanding Spokane chefs: Ray Delfino of the Spokane Club, Chad Michelbook and Michael Lindsey of Northern Quest, Don Rey of Windows of the Season Restaurant at Red Lion Hotel at the Park, Jason Rex of Fugazzi at Hotel Lusso, and Paula Richards of Paula's European Pastries. Featured with dinner were the finest selections from Wineglass Cellars, Three Rivers, Gordon Brothers, Terra Blanca, Arbor Crest, and Townshend Cellar. Also sharing their premium vintages were Robert Karl Cellars, Barnard Griffin, Sagelands, and Mountain Dome. Because of the ongoing generosity of the winemakers, "Mostly Merlot" continues to attract a following to this paramount gourmet experience.

Cancer Patient Care would like to extend its great appreciation to the benefactors and guests who helped make this year's Mostly Merlot Winemakers Dinnerthe greatest success to date.

sterling

Medical Rehabilitation Consultants
Contain Costs. Add Value. Improve Care.

- Medical Case Management
- Elder Care Management
- Home Assessment/Evaluations
- Vocational Rehabilitation Counseling
- Utilization Review
- Disease Management
- Life Care Planning
- Coordination of Health Care Resources

MEMBERS: Case Management Society of America, National Rehabilitation Association, and National Association of Professional Geriatric Care Managers

111 West Cataldo, Suite 200 • Spokane, WA 99201
(509) 328-9700 • FAX: (509) 328-9777 • www.medrehabconsultants.com